

BOX SALADS

Please see samples of our weekly changing box salad options

ENGLAND'S "MARIE ROSE"

Tender saltwater prawns with cocktail sauce, iceberg lettuce, cherry tomatoes & fresh lemon

£10.20

ASIAN DUCK NOODLE SALAD

Sautéed duck breast with fine noodles, soya dressing & oriental vegetables

£11.95

GREEK SALAD

Feta cheese, fresh herbs, mixed lettuce, baby potatoes & olive oil dressing

£9.36

SOUTHERN CAJUN CHICKEN SALAD

Breast of chicken marinated in Cajun spices, rice, sweetcorn & mixed peppers

£9.85

SOUTH OF FRANCE

Fine French beans, farm fresh egg, tomatoes, baby gem with flakes of tuna & balsamic dressing

£9.00

MORROCAN TAGINE

Tomato infused couscous, pine nuts, dried fruits & tender pieces of marinated lamb

£10.20

PASTA NAPOLETANA

Penne pasta with vine tomato sauce, fresh oregano & flaked Parmesan

£8.75

CLASSIC CAESAR SALAD

Cos lettuce with Parmesan cheese, croutons & crispy Parma ham

£8.35

SCOTLAND'S FINEST

Poached salmon, broccoli, penne pasta & cherry tomatoes with lemon & herbs

£10.80

LOW CALORIE

Cottage cheese, mixed herb salad, vine tomatoes & cucumber

£8.35

ITALIAN CLASSIC

Sun ripened tomatoes, buffalo mozzarella, basil, black pepper & olive oil dressing

£8.70



Suitable for: (V) Vegetarian | (VG) Vegan



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PLOUGHMAN'S SPECIAL

Mature Cheddar, tender ham, farm fresh egg, crispy salad & pickle

£9.60

PAD THAI

Soft rice noodles, chicken breast, butterfly prawns & bean sprouts in a sweet Thai sauce with crushed peanuts

£9.60

NEW YORK DELI

Thinly sliced pastrami, mustard seeds, potato salad, crisp lettuce & cherry tomatoes

£9.00

PROVENÇAL SALAD

Chargrilled aubergine, courgette, red & yellow peppers with sun-blushed tomatoes & basil pesto dressing

£8.35

TABBOULEH

Bulgur wheat with spring onion & tomato concasse, grilled chicken with lemon & parsley olive oil, served with cos lettuce leaves

£10.20

SPANISH

Paella style salad with saffron rice, chicken & seafood

£11.95

SOUTH COAST

Smoked mackerel, salad of new potatoes, baby beets & creamed horseradish

£9.55

FROM THE RIVER

Freshwater crayfish, avocado, radish, watercress & lemon scented potatoes

£9.90

Why not add?

Vegetable crisps or ribbed salted crisps | £2.40



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